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Good Day To Run

32 Count, 2 Wall, Beginner
Choreographer: Benny Ray (Denmark) July 2011
Choreographed to: A Good Day To Run by Darryl Worley, CD: Have You Forgotten

4 X DIAGONAL STEP TOUCH

1-2 Step forward to right diagonal, touch left next to right
3-4 Step back to left diagonal, touch right next to left
5-6 Step back to right diagonal, touch left next to right
7-8 Step forward to left diagonal, touch right next to left

R STEP, LOCK, STEP, SCUFF, L STEP, LOCK, STEP, SCUFF

9-10 Step forward on right, lock left behind right
11-12 Step forward on right, scuff left forward
13-14 Step forward on left, lock right behind left
15-16 Step forward on left, scuff right forward

STEP, ½ TURN, STEP, HOLD, TRIPLE FULL TURN R

17-18 Step forward on right, make ½ turn left
19-20 Step forward on right, hold
21-22 Make ½ turn right stepping back on left, make ½ turn right stepping forward on right
23-24 Step forward on left, hold

RUN FORWARD, TOUCH, RUN BACK, TOUCH

25-26 Step forward right, step forward left
27-28 Step forward right, touch left next to right
29-30 Step back left, step back right
31-32 Step back left, touch right next to left